

Judy, a Calgary participant in the Tomorrow Project, speaks to us about her experiences in the study. Judy joined the original study in 2004 and then re-enlisted in the national study in April 2009.

1. **Why did you join the Tomorrow Project?** I received the invitation to join the study and I thought it was a really neat project. It is good to see if there are things in your community that are actually causing cancer.
2. **How did you find the process?** Filling out the questionnaire was a lengthy process but when I went to the Holy Cross centre everyone was wonderful and really kind. They made it a pleasant experience for me.
3. **Would you recommend that others sign up?** Yes, definitely.
4. **What keeps you busy in Calgary?** I am an Ombudsperson for Mount Royal University.
5. **What do you enjoy doing when you aren't keeping busy at work?** I love to walk, hike, and socialize with friends. I currently belong to a Bridge group, play golf, and stay active with family activities. I have a nine year old grandson that I absolutely adore.